



Fairfax Pets
On Wheels, Inc

Fairfax Pets On Wheels Fall Update

October 2010



See more Walk
pics on pages
10 and 11! Visit
www.fpow.org/events
to see even more!



2010 ... Great Paws for a Cause!

Sunday, October 3 was a beautiful fall day and the date of Fairfax Pets On Wheels' very successful 15th annual Paws For A Cause walk. There were over 270 walkers who were pre-registered for the event and almost 40 on-site registrants. Walkers wore kiwi colored shirts with a jaunty design as they walked through the neighborhood behind Weber's Pet Supermarket in Fairfax City. Weber's has generously sponsored the walk since its inception providing a staging area for the event and helping with logistics.

After a stroll, walkers and their pets returned to Weber's to enjoy cake and learn if they had won one of the terrific doorprizes. The walkers also met with representatives from Great Falls Animal Hospital, Hope Center for Advanced Veterinary Medicine, Becky's Pet Care, and Regional Veterinary Referral Center, four of our wonderful sponsors who had set up information tables at the Walk. The Fairfax City Patch, a local on-line news gathering organization, was at Weber's to tape a piece for their website. The link to the video is: <http://tiny.cc/walkvideo>

Over \$8,700 was raised for FPOW with about \$1,000 of this money being collected as pledges given to the walkers by their personal sponsors. Paws for a Cause also serves as a good way to introduce potential volunteers to the program. The Orientation sessions after the walk are always full of people who have enjoyed the event and want their pets to be involved in such a worthwhile program.

There are many volunteers who work together to make this event such a fun time for human walkers and four-legged participants. These helpers include registration table workers, the pit stop helpers, set-up and tear-down crews, those tabulating the pre-registrants and ordering the t-shirts, and many other behind the scenes workers.

Save the date for next year's walk: October 2, 2011

Submitted by Madelynn Arnold



State of FPOW

2009 - 2010

Fairfax Pets on Wheels, Inc. saw a very busy and successful year during Program Year 2009 – 2010. I'll recap the year in brief:

1. More than 8,000 hours of tail wagging and unconditional love were provided by over 300 volunteer teams to 12 long term care facilities having over 1,500 beds.

[Continued on Page 2](#)

In This Issue

- 3 Thanks for the Memory
- 4 Rachel Korenblit
- 5 Founder's Award
- 5 A Selfless Gift
- 6 Volunteer Profile
- 7 Speakers Bureau
- 8 Office Support Needed
- 8 Orientation Video
- 9 Photo Contest Winners

2. We once again had our United Way application accepted for inclusion in the United Way of the National Capital Area campaign. (Remember to designate 8907 when pledging.)
3. We were included in the Combined Federal Campaign. (Designate 51148 when pledging.)
4. We were included in the Harmon Family Foundation's Catalogue for Philanthropy for 2009-2010 as one of the finest small charities in the Capital Area.
5. Kayla Anderson is the third recipient of FPOW's Founder's Award, a scholarship to be awarded annually to a vet tech or vet student. It is made in honor of Kim Wilkerson, to recognize and thank her formally for having the initiative, leadership and vision to found FPOW.
6. In April, two of our volunteers, Kathi Baker and Ruth Benker were recognized by Volunteer Fairfax for their outstanding contributions at a special breakfast at the Marriott Fairview Park.
7. At Volunteer Fairfax, FPOW won the Photo Contest with one of Robin Burkett's Paw Prints Photography photos of one of our pet volunteers in action. When the photo was revealed to the audience, there was a collective "Ahhhh"!!!!!!
8. We spoke at numerous United Way fund raising events and had information booths at Reston Pet Fiesta, Happy Howl-a-Ween, National Capital Cat Show, Northern Virginia Jewish Community Center, St. James Church and the Dulles Chapter of AARP.
9. We had our 14th Annual 3k Paws for a Cause Walk in October, 2009 and plans are well underway for our 15th Annual 3K Paws for a Cause on Sunday, October 3.
10. In June, we had our Annual Volunteer Recognition Event at Maggiano's Tyson's Corner for our volunteers – 110 in attendance. We were fortunate to have WJLA's Scott Thuman as our keynote speaker. A special thank you to Nikki DiPalma for chairing the Volunteer Recognition Committee.
11. We awarded the Latshaw Award to long time volunteer Brenda Pitts for her hard work as Merchandise Chair and assistant liaison at Leewood. Brenda's hard work and dedication to the program have been invaluable. Brenda, thank you for all you do for us.
12. The Corporate Latshaw Awards were awarded to two special teams. The FPOW Fairfax Area Agency on Aging Volunteer Team consists of Jill Davidson, Carla Graham, Diane Bente, John Bryum and Ruth Benker. This is the unsung hero admin team that keeps FPOW rolling. They maintain our volunteer pet team files, answer hot-line calls, answer e-mails and answer all manner of program questions.

The second Corporate Latshaw award was given to the

dedicated staff at the Virginian. Since 1993, FPOW volunteer teams have been visiting there. The Virginian constantly gives back to FPOW by providing space for photo fund raisers and meeting space for seminars. They throw pet parties and once a year they throw a brunch in honor of all of their volunteers.

13. The Shauna was awarded to Marley Bryson, Brian Bryson's cocker spaniel who visits Mount Vernon. Marley is credited with assisting a stroke victim who was having difficulty recapturing her ability to speak. Marley helped this resident get her point across one day. As Marley was leaving the room, she clearly said "bye, bye." Well done, Marley!!!!
14. We had 33 Hours Award recipients: 9 Bronze recipients, (50 to 74 hours), 8 Silver recipients, (75 to 99 hours) and a whopping 16 Gold recipients, (99 plus hours).
15. The Temperament Testing Committee has continued to work on strengthening its policies and procedures. I'm happy to report we are very close to completion.
16. In December 2009 FPOW hosted Pat Miller to provide a seminar for our T-Testers. Thanks to Sabine Arndt and Patty Kwapniewski for their tireless work on launching this every exciting program. It was very valuable, and we are all clearly better dog owners and handlers for having attended.
17. Also in December 2009, FPOW was selected by NBC4 as one of its small charities to be featured in its annual "12 Days of Giving." We had FPOW volunteers manning the phones and accepting donations.
18. We conducted monthly FPOW orientation sessions and temperament tests for new volunteers.
19. We added a new directorship to the board of directors this upcoming program year. We now have a Director of Education. This will allow one board member to work on strengthening our program through increased access to educational forums and the building of knowledge, skills and abilities of our volunteer base.
20. We have added two more slots at the "Director at Large" board of directors. Instead of 3 directors we now have 5. This will allow us to undertake more ad hoc projects and make for a more smooth transition as officers and directors term out. As they say, many hands make light work.
21. We sponsored our 4th Annual Pet Photo Contest. Winners' pictures are proudly displayed on our website. Winners of the 5th Annual Pet Photo Contest are to be announced 9/13/2010.
22. We continue to recruit and train additional volunteers for the FPOW Speakers' Bureau – the FPOW sanctioned group of qualified volunteers who speak with a united voice to represent the program and respond to a growing need of speakers for our program.

[Continued on Page 4](#)

Thanks for the Memory

■ In memory of Astoria who was the beloved cat of Tracy Van Duston and her friend David. Astoria was taken to the Rainbow Bridge much too soon and will be solely missed by her family. From Kim and Mark Wilkerson

■ In honor of Brenda Pitts who was the recipient of the 2010 Latshaw Award and for Brenda's unwavering commitment to FPOW as Merchandise Chair and Alternate Liaison at Leewood. From Tracy Van Duston and David Folcomer

To make a tax deductible donation to the FPOW Memory Book in someone's memory or honor, please send your check with brief letter to the FPOW address listed on the back of this newsletter (including pet/person's name, to whom you wish acknowledgement mailed, and a brief detail of the occasion). Your memorial will be permanently entered into the FPOW Memory Book, an acknowledgement will be sent, and the announcement will appear in a future edition of our newsletter.

■ In memory of Rachel Korenblit our daughter and sister. Rachel thoroughly enjoyed her volunteer duties at Pets on Wheels. From Sonya Korenblit her Mother and Barbara Korenblit her sister, Silver Spring, Maryland

■ From Gischa Friedman, Silver Spring, Maryland

■ From Frances Banks, Baltimore, Maryland

■ From Barbara Korenblit's Co-Workers, Baltimore, Maryland

■ From The Finifter Family, Owings Mills, Maryland

■ From Karen Van Es, Great Falls, Virginia

■ From Marilyn Lukasik, Rockville, Maryland

■ From Brenda R. Shoenig, Owings Mills, Maryland

■ From Evelyn Dickman, Silver Spring, Maryland

■ From Bernard and Clare Golub. Silver Spring, Maryland

■ From Sue Smith, Fallston, Maryland

■ From Joyce Tanenbaum, Silver Spring, Maryland

■ From Marilyn Burchman, Silver Spring, Maryland

■ From Larelda Gruber, Silver Spring, Maryland

■ From Employees of Baltimore County Department of Aging. Baltimore, Maryland

■ From Margaret Miller, Baltimore, Maryland

■ From Debra Orlove, Baltimore, Maryland

■ In memory of Rachel Korenblit, daughter of Mrs. Bernard Korenblit. From Helen Kaplan, Silver Spring, Maryland

■ From Roberta Nevitt, Charlottesville, Virginia

■ From Norma and George Jacobson, Oceanside, New York

■ From Helen Glazer and Joel Marcus, Owings Mills, Maryland

■ From Carol Motto, Ellicott City, Maryland

■ From Stephanie Roan, Leesburg, Virginia

■ In loving memory of Rachel Korenblit who loved animals. Keep riding horses, Rachel.

We love you very much and will never forget you. From Deirdre Jacobson, New York, New York

■ In memory of Rachel Korenblit and the animals of Fairfax Pets on Wheels. From Janet Carbone, Olney, Maryland

■ I will greatly miss our long walks with Tug. From Cathy Ewan, Vienna, Virginia



Rachel Korenblit -- Reprinted with permission of Ginny Kohls

23. We have produced a budget that not only addresses the program year needs but also the strategic needs of the program.

24. In spite of the continued downturn in the economy, FPOW's donations have grown.

25. We have begun, in conjunction with the FAAA Volunteer Solutions Unit, to review and evaluate the efficiency of current business processes. Ultimately, we want to be sure that our volunteers and potential volunteers are processed as quickly as possible through the combined efforts of FPOW volunteers and Volunteer Solutions staff.

26. In March 2010, FPOW hosted CGC Testing for FPOW Volunteers. Thank you Sabine Arndt, Liz Breyer and Patty Kwapnewski for putting this together.

27. Are you on Facebook? Become a fan of "Fairfax Pets on Wheels" Do you "Tweet"? We "Tweet", too!!!!

28. I would like to take a moment to remember the FPOW pets that traveled over the rainbow bridge this past year. Thank you for your service. You will forever live in our hearts. We love you.

A special thank you to Kelly Collins, Kim Wilkerson and Kathy Georgen, our CPA, for heading up our United Way Application efforts this past year.

From the bottom of my heart, thank you for the honor of serving you –

Submitted at the FPOW Annual Meeting on September 13, 2010.

Tracy Van Duston, President, Board of Directors, FPOW



In Memory of Rachel Korenblit

In 2007, Rachel Korenblit came to the Fairfax Area Agency on Aging office and asked to become a Fairfax Pets on Wheels volunteer. She said she had a dog, but she didn't think he would be a very good visitor. She believed in the FPOW mission, though, and wanted to help. Rachel began coming to the office once a week. She quickly learned the office procedures, and she good-naturedly took on any task. She talked about her love of animals and about how an encounter with a pet could brighten a person's day. I don't think she realized how her sunny disposition and infectious laugh brightened my day. I looked forward to seeing her every

It's all about Quality of Life!

If an accident, illness or surgery has left you or someone you care about in need of skilled nursing or rehab care, our Revera Health Systems centers can help.

SHORT-TERM REHAB

- State-of-the-art physical therapy services

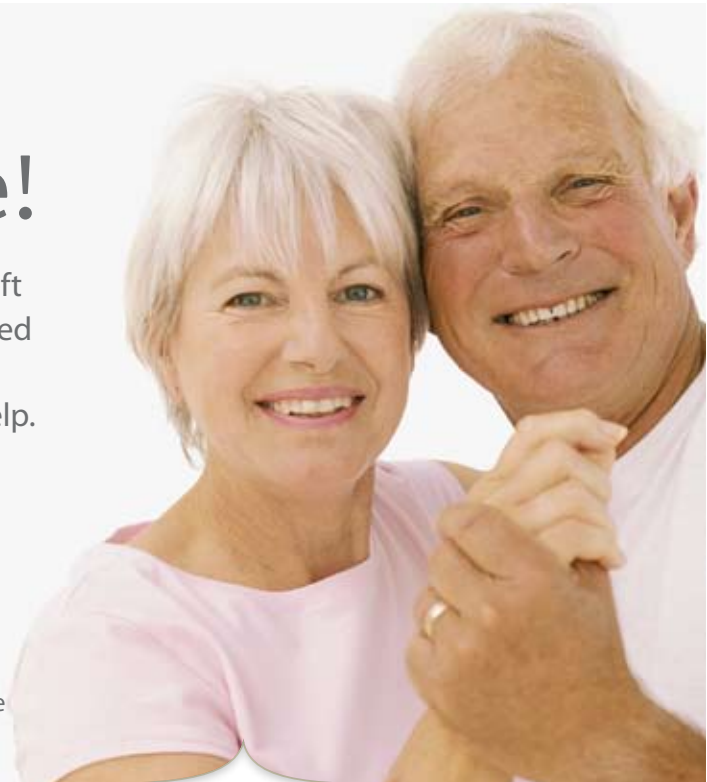
LONG-TERM CARE

RESPIRE CARE

HOSPICE CARE

PEDIATRIC UNIT

- Serving children from infancy to adolescence



703-560-1000
reverailiff.com

8000 Iliff Drive, Dunn Loring, VA 22027

Iliff

Nursing and Rehabilitation Center

week. She went out of her way to get to know each person in our office. She was interested in everyone, and her warmth and attentiveness made each of us feel special. It was some time after meeting Rachel that she mentioned that she had serious health problems. There were days when it was clear she did not feel well. In 2008 her declining health made her unable to continue volunteering. Even so, she often called the office just to say a cheery hello to her friends. Rachel passed away in August of 2010. Rachel's mother Sonya and her sister Barbara asked that gifts be made to FPOW in Rachel's memory. More than 26 people (see page 3) have made donations in her name, which indicates that Rachel spread her sunshine far and wide. Her light will live on in my memory.



Ruth Reagan
Volunteer Solutions
September, 2010

Kim Wilkerson Founder's Award Recipient

It is my pleasure to announce Kayla Anderson as our 3rd recipient of the Kim Wilkerson Founder's Award. Kayla is a student at Northern Virginia Community



Kim Wilkerson, Kayla Anderson and Tracy Van Duston

College. She is working toward her Associates degree in Veterinary Technology. Her goal is to become a licensed veterinary technician. She's carrying a 3.5 grade point average and she's Treasurer of the Vet Tech Club. Kayla is currently employed as a Veterinary Assistant at Woodbridge Animal Hospital. Prior to her employ-

ment at Woodbridge Animal Hospital she was employed for two years at PetSmart, and during high school she worked as a Boarding Technician at PetCentre Animal Hospital. She's also a volunteer at Poplar Spring Animal Sanctuary in Poolesville, MD.

Kayla's reference, Dr. Leslie Sinn I think summed up Kayla best in her letter of recommendation:

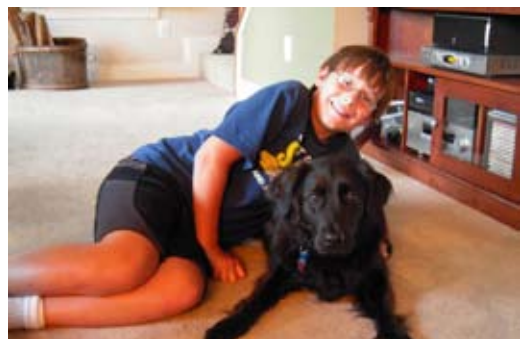
"Kayla has a long history of a commitment to animals. She started out as a kennel assistant and has worked her way up through the ranks as pet bather, stylist and now as a veterinary assistant at a veterinary hospital. In order to further her training and reach her goal of providing exceptional nursing care to pets in need, Kayla applied to and was accepted into our nationally accredited Program. She is a dedicated student and has excelled academically as well as technically.

It is with great pleasure we award Kayla FPOW's Kim Wilkerson Founder's Award.

A Selfless Gift

Fairfax Pets on Wheels coffers were increased by almost \$200, due to the generosity of Charlie D. Charlie recently turned 12 and asked people who wanted to remember his birthday to donate to FPOW instead of giving him a gift. Charlie is a seventh grader at Joyce Kilmer Middle School in Vienna. His favorite classes are Math and Technology Exploration.

Charlie first learned about FPOW several summers ago when he attended the "Doggone Fun Camp at Lake Accotink with his flat-coated retriever, Chloe. Members of FPOW's Speakers Bureau came to the camp and talked about the program. Fairfax Pets on Wheels wishes to thank Charlie for his thoughtfulness and looks forward to the day when he is able to participate in the program as a member of a volunteer team.



Charlie D. and Chloe

Dates to remember

**FREE Educational Seminar:
Ombudsman & Adult Protective
Services at Leewood: Nov. 9, 7:30 pm**
Register at <http://tiny.cc/november9>
or visit www.fpow.org and click on
“Dates to Remember”

**BOD Meeting at Leewood: December 6,
7:00 pm**

**Newsletter Submission Deadline:
December 30**

**BOD Meeting at Leewood: March 6,
2011, 7:00 pm**

**Newsletter Submission Deadline:
March 7, 2011**

Volunteer Spotlight

Norbert Dee is in our volunteer spotlight. For the past three years he has been visiting Cameron Glen Care Center with Cherry (registered name Champion Camelot's Wild Cherry), an Irish Setter. Norbert began visiting after retiring three years ago from a 35-year career in environmental issues at the Environmental Protection Agency and in the private sector. Married for 43 years to his wife Nena, Norbert has two children and four grandchildren.

The Dees have owned, bred, and exhibited Irish Setters (Camelot Irish Setters) for the past 35 years, during which time more than 25 of their dogs have won championship titles. They currently have five adult Irish Setters living with them at home. Norbert is approved by the American Kennel Club to judge eight Sporting breeds, including Irish Setters, at AKC shows. Cherry's mother won Best in Show twice and won the Award of Merit at the AKC's Westminster Kennel Club Show in New York City.

Cherry is a ten year old Irish Setter who had a distinguished show career. After retiring from competi-

tion, she had a litter of 14 puppies and was an excellent mother. Two of Cherry's puppies still live in the Dees' home, and she still bosses them around. Now Cherry is enjoying her third career visiting Cameron Glen. The staff and residents often comment that they can tell she is a show dog because she “struts” down the halls looking in each room for someone to say “hello” to her and hear “look at that pretty dog.” Norbert is hoping one of Cherry's pups will follow her into the program once she retires to full time couch potato status.

For the last three years, Norbert and Cherry have visited every Tuesday afternoon. The running joke among the residents they visit is “Cherry's here, so it must be Tuesday.” When, on occasion, the team is not able to visit on Tuesday it has become necessary to tell the residents ahead of time. Otherwise they inquire about why Cherry and Norbert are not there. In fact, one time when the team missed two visits in a row without telling anyone ahead of time, the contact at the facility called to make sure everything was alright.

Whenever, Norbert and Cherry arrive in the parking lot at Cameron Glen, she begins dancing excitedly in her crate as if saying, “Let's go.” She is eager to get inside the building to see residents and visitors that she has met before. She is able to provide that “special moment” when a resident becomes actively involved in the visit by talking to her, engaging Norbert in conversation, or just petting her. Sometimes, the team sees residents they know, so conversation is easy. At other times when



Norbert Dee and Cherry

the volunteer team meets a new resident, Cherry is able to “break the ice” and make a new friend.

Many of the residents at Cameron Glen had or still have dogs, and FPOW provides a structure for volunteers who want to share the joys of being with a dog. Those residents remember the good times when a pet volunteer gives them a kiss or gazes into their eyes with that look of love. FPOW has provided Norbert with an opportunity to thank people who have allowed him opportunities to enjoy his dogs by involving Cherry in service to others. He is glad he found out about the program and feels blessed to have participated over the last three years.



Submitted by Madelynn Arnold

FPOW Speakers Bureau gets Around

The National Capitol Cat Show included a terrific FPOW informational table both Saturday and Sunday. The table was worked by the following volunteers Kathi Baker, Pat Day, Kelly Faul, Joan Violante, Diane Frey, Sonja Lazear, Kim Wilkerson, Susan Hamilton, and Pat Dutton. New volunteers were recruited, over \$70 in donations were received, and the team informed and invited many to Paws For A Cause 2010.

The St. James Catholic Church Seniors Group was treated to a presentation about FPOW and Pet Therapy by Debbie Zelten in late August. They have a monthly meeting and requested a FPOW representative speak to them about our program.

Barbara Witucki and Dave Rybak joined Debbie and both spoke briefly about their involvement with FPOW. Debbie brought along Bacal, one of her Bouvier teammates, and everyone thought she was just wonderful. When the team shared their personal stories,



Sonja Lazear, Susan Hamilton, Joan Violante, & Diane Frey

COMMITMENT

TEAMWORK
HERITAGE
STRENGTH

We Believe...



At West Financial Services, we believe in supporting our local community and encouraging volunteerism. That's why we proudly sponsor Fairfax Pets on Wheels in recognition of their work to improve the quality of life for Fairfax area residents of nursing homes and assisted living facilities.

Since 1982, West Financial Services' commitment to quality, discipline and personal service has made us one of the most respected financial planning and investment management firms in the Washington metropolitan area.

WEST FINANCIAL SERVICES, INC.

A Sandy Spring Bank Company

1355 Beverly Road, Suite 250, McLean, VA 22101

703-847-2500

www.westfinancial.com

it brought tears to the eyes of many. The event was a big success.

Submitted by Kim Wilkerson



Office support needed

FPOW is in need of additional volunteer support to assist with the day-to-day operations of the FPOW main office in the Pennino Building, 12011 Government Center Parkway, Fairfax, 22035. Volunteers should be computer savvy, friendly, enjoy communicating via telephone and email, and be able to come into the office for 3-4 hours once a week. Tasks include processing paperwork, responding to phone messages and requests from volunteers and board members, running reports and working on special projects. Days preferred are Tuesday, Wednesday or Friday. Please contact Michelle Miller at 703-324-5419 or michelle.miller@fairfaxcounty.gov if you are interested.

Time to Update the FPOW Orientation Video

The FPOW video shown at the monthly orientations to recruit new volunteers needs to be updated. The

updated video will also be used at speaking events by our Speakers' Bureau. The Communications Team will be putting together a Request for Proposal (RFP) with its requirements for the new video in the near future. If you or someone you know has expertise in doing professional-level videos and would like to receive this RFP, please send contact information to ruth.benker@verizon.net

The United Way and Combined Federal Campaigns are under way NOW!

Did you know that you can make a contribution to FPOW by designating United Way #8907? You sure can! When donating through the Combined Federal Campaign, please designate 51148.

Please share this information with your friends and family and remember FPOW in your planned giving this year



MOUNT VERNON NURSING & REHABILITATION CENTER

Extraordinary care... for those who expect the best.

*Providing exceptional nursing care with gentle
compassion to the Alexandria/Mount Vernon Community*

- Skilled & Intermediate Care/Medicare Certified
- Restorative & Rehabilitative Nursing
- Physical, Occupational & Speech Therapies
- Extensive Therapeutic Activities Program
- Registered Dietician/Special Diets
- WanderGuard™ Security System
- Short Term Care (Respite)

(703) 360-4000 • www.MVNRC.net

8111 Tiswell Drive • Alexandria, Virginia 22306

Family Owned and Operated • Part of a Medical Community including physicians offices and the Mount Vernon Hospital



5th Annual PET PHOTO CONTEST

Photo Contest Theme: BEFORE & AFTER

1st Place- Sabine Arndt “Tessa”



2nd Place - George Umberger “Kristen and Kristen’s Litter”



3rd Place - Debbie Zelten, 4th Place- Debbie Zelten

Honorable Mentions: Liz Butler, Patty Kwapniewski, Kathi Baker

Please visit www.fpow.org/photo to see all of the winners and entries!





Are A Breed Apart

Fairfax Pets On Wheels, Inc.
Fairfax Area Agency On Aging
12011 Government Center Parkway, # 708
Fairfax, VA 22035-1104



Fairfax Pets
On Wheels, Inc

Fairfax Pets On Wheels, Inc. is a volunteer program working with the Fairfax Area Agency on Aging, 12011 Government Center Parkway, #708, Fairfax, VA 22035-1104. FPOW Volunteer Hotline: (703) 324-5424. Visit: www.fpow.org
Please use the FPOW Hotline number for non-emergency calls if you are a FPOW volunteer or one who is currently in the pipeline. Someone will either act upon your message or return your call if more information is required.

DEADLINE FOR THE NEXT FPOW NEWSLETTER: December 30, 2010

FAIRFAX PETS ON WHEELS BOARD OF DIRECTORS

The Executive Committee:

President -- Tracy Van Duston

Vice President/Dir. of Administration -- Bonnie Mayo Burnham

Treasurer -- Kim Wilkerson

Secretary -- Deborah Zelten

DIRECTORS

Director, Facilities Relations -- Madelynn Arnold

Director, Volunteer Development -- Patty Kwapniewski

Director, Communications -- Ruth Benker

Director, Volunteer Appreciation -- Kathi Baker

Director, Volunteer Education -- Liz Breyer

Director, Fund Development -- Laurie Stone

Director at Large -- Lori Caplan

Director at Large -- Nikki DiPalma

Director at Large -- Carla Graham

Director at Large -- Patricia Leader

Director at Large -- Judy Mitnick

Newsletter Committee Chairman: Kim Wilkerson, Editor: Denise Elliott

EDITORIAL POLICY

This is your newsletter. Fairfax Pets On Wheels, Inc. volunteers may contribute articles for publication. Articles will be reviewed by the editors. We reserve the right to edit any item submitted for publication. We cannot guarantee the return of documents or photos (if used). Because Fairfax Pets On Wheels, Inc., is under the sponsorship of the Fairfax Area Agency on Aging, the FPOW Newsletter must be approved by the FAAA prior to publication. In addition, Letters to the Editor are welcome and encouraged. Letters must be signed but, if requested, your name will be withheld.

All correspondence should be directed to:

Fairfax Area Agency on Aging

Attention: FPOW Newsletter

12011 Government Center Parkway, Suite 708

Fairfax, VA 22035-1104

(703) 324-5411

Email:

dfspetsonwheels@fairfaxcounty.gov



#8907